

TRAINING CATALOG

FOR EMPLOYERS



TRAINER & PRESENTER:

ANDREA DOMENICA

Founder and People Partner, Andrea Domenica (Stanley) has over 10 years of experience as a professional trainer and public speaker and over 7 years of risk management and human resource experience. With Domenica Consulting, she designs and executes training programs over a variety of employment topics across the Northwest and nationwide.

Andrea has lead the implementation of accident prevention plans and standardize orientation systems in companies of all sizes and industries. She specializes in facility safety inspections, training, and the education of employment standards under federal and Washington law.

Andrea remains an active community constituent as a board member, panelist, consultant, volunteer, and sponsor for a variety of Washington nonprofits and government programs.

She is also a founder and organizer of several community projects including the Seattle Women's Book Club and The Ambition Assembly- a national entrepreneur group.



TRAINING CATAGORIES

We pride ourselves in offering comprehensive training solutions designed to enhance workplace safety, optimize human resources practices, foster leadership development among supervisors, and provide enriching conference experiences. Our training categories are thoughtfully curated to align seamlessly with your organization's goals, facility/business-specific information, industry regulations, and your preferred training duration-- whether it's a brief overview or an extensive program with hands-on exercises, drills, and engaging conversations.



We are committed to ensuring peak employee engagement and long-term knowledge retention. Our training content is meticulously developed to be engaging, interactive, and highly informative.

We understand that budget constraints can be a concern, and we offer flexible pricing options to accommodate your financial needs.

Additionally, we are pleased to provide discounts for schools and nonprofit organizations, making our services accessible to a wide range of clients.

1.
SAFETY

PAGE 3

2.
HR/COMPLIANCE

PAGE 4

3.
SUPERVISORS

PAGE 5

4.
**CONFERENCES &
PANELS**

PAGE 6

SAFETY TRAINING

Duration: 1-3 hrs.

SAFETY TRAINING BASICS

This program covers the essential safety training and requirements specific to the state of Washington, ensuring that participants are well-informed and compliant with local safety standards.

POPULAR

VIOLENT INTRUDER/ACTIVE SHOOTER

Participants will learn how to respond to and mitigate the threat of active shooters in the workplace, prioritizing safety and security for all employees. (3hrs = complete training with drills)

POPULAR

DE-ESCALATION

This training equips participants with skills to de-escalate tense situations, reducing the risk of workplace violence and promoting a safe and respectful work environment.

POPULAR

BLOODBORNE PATHOGENS: ILLNESS AND DISEASE PREVENTION

Participants will understand the risks associated with bloodborne pathogens, how to prevent exposure, and the necessary precautions for maintaining a safe and healthy workplace.

CREATING AN EFFECTIVE ACCIDENT PREVENTION PLAN

This training helps organizations develop and implement effective accident prevention plans, ensuring that workplaces are safe and compliant with safety regulations.

INJURY AND ILLNESS PREVENTION

Participants will gain a comprehensive understanding of injury and illness prevention strategies, reducing workplace accidents and creating a healthier, safer environment.

INCLUSION IN SAFETY

Focusing on diversity and inclusion in safety practices, this program promotes a workplace culture where all employees feel safe and valued, leading to improved safety outcomes.



HAZARD COMMUNICATION & PERSONAL PROTECTIVE EQUIPMENT

Employees will learn about hazard communication, the proper use of personal protective equipment, and how to safeguard against workplace hazards and accidents.

A SAFE WORKPLACE: TOP L&I VIOLATIONS AND HOW TO AVOID THEM

This program examines the most common L&I (Labor and Industries) violations and offers practical guidance on how to avoid them, maintaining a safe and compliant workplace.

EMERGENCY & FIRE PREPAREDNESS

This training covers emergency response procedures and fire preparedness, ensuring that employees can effectively respond to emergencies, protecting lives and workplaces.

HR/COMPLIANCE TRAINING

Duration: 1-2 hours

ANTI-HARASSMENT TRAINING

This program addresses workplace harassment, offering guidance on prevention, reporting, and addressing harassment issues, creating a safe and respectful work environment.

ADA & REASONABLE ACCOMMODATIONS IN THE WORKPLACE

This training focuses on the Americans with Disabilities Act (ADA) and how to provide reasonable accommodations for employees with disabilities, ensuring workplace accessibility and fairness.

POPULAR

MEDICAL LEAVES & WA PAID LEAVE

Participants will learn the regulations and processes surrounding medical leaves, as well as Washington state's paid leave requirements, to navigate employee leave effectively.

POPULAR

HR BASICS: FOR EMPLOYEES WITH NEWLY ASSIGNED HR DUTIES

This training program is designed for employees who have recently taken on HR responsibilities. It covers essential HR functions, policies, and best practices to ensure effective HR management.

OFCCP COMPLIANCE & COMPONENTS OF AFFIRMATIVE ACTION PLANNING

Participants will gain a deep understanding of OFCCP compliance requirements and the components of affirmative action planning to promote diversity and inclusion in the workplace.

HOW TO CREATE A SUCCESSFUL ORIENTATION

This training is designed for HR professionals and supervisors on introducing strategies to design and deliver effective employee orientations to ensure a smooth onboarding process.

WHAT'S NEW IN WA: NEW LEGISLATION AFFECTING THE WORKPLACE

This presentation explores recent legislative changes affecting the workplace in Washington, helping employers stay compliant and informed about new regulations.



INCLUSION & COMPLIANCE IN THE HIRING PROCESS

This training explores inclusive hiring practices and the legal aspects of the hiring process, ensuring that organizations recruit a diverse and compliant workforce.

NEW

STRATEGIES TO IMPROVING STAFF RETENTION

Participants will learn how to reduce turnover of valuable employees, boost employee engagement, and foster long-term commitment among their staff, ultimately improving the organization's overall performance and stability—a great training for those in the medical and public service industries.

TRAINING FOR SUPERVISORS

Developing effective leaders is pivotal to organizational success. Our leadership development programs are designed to nurture supervisors' skills, fostering qualities such as effective communication, conflict resolution, and team-building, which are critical for driving productivity and growth. **Duration: 1-2 hours**



POPULAR

MANAGER BASICS: FOR NEW SUPERVISORS

New supervisors will gain the foundational skills required to excel in their roles, including leadership, performance management, and team motivation.

NEW!

CREATING A CULTURE OF TRUST

Leaders will learn how to build trust within their teams and organizations, fostering a positive and productive work culture that enhances employee engagement and performance.



“SAY THIS, NOT THAT” – FOR SUPERVISORS

This program provides supervisors with effective communication techniques and what to avoid in various workplace situations.



SUCCESS PLANNING: THE IMPORTANCE OF A ONE-ON-ONE

This training highlights the significance of one-on-one meetings in the context of success planning. Participants will learn how to conduct productive and meaningful one-on-one sessions with employees, emphasizing goal setting, performance evaluation, feedback, and career development. Effective one-on-ones can lead to improved employee performance, enhanced job satisfaction, and a stronger path toward individual and organizational success.



Aside from training, we also provide team building and communication workshops!

CONFERENCES

Elevate your conferences and workshops with engaging and insightful training sessions. We provide customizable conference programs that cater to your event's theme and objectives, ensuring your attendees benefit from a rich learning experience that complements the conference's main agenda.

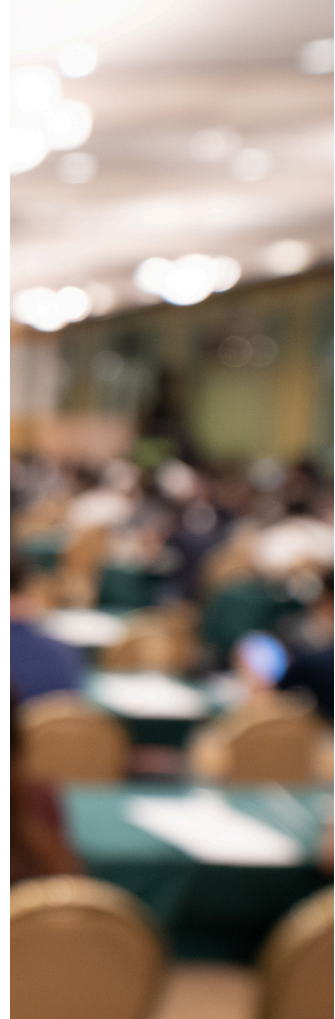
All previously listed training can be provided in conference format.

Past Speaking Topics-- Business:

- *Trust is the Greatest Currency*
- *Inclusion in Safety*
- *Effective Emergency Action Planning*
- *Facility Safety for Employees*
- *The Current Job Market & What Candidates are Looking For*

Past Speaking Topics-- Other:

- *The Intentional Job Search*
- *Creating Community in Silos*
- *Entrepreneurship*



For more information and pricing, please contact:

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